WCCC Circle Training Summary April & May, 2015 (1-day and 1.5-day trainings)

WCCC, Inc. conducted two trainings in the spring of 2015. The first training was a one-day Circle training on * Saturday, April 18, 2015 from 9 am to 4 pm at La Lake Retreat Center in Woodbury. The second training was on Friday & Saturday, May 15 & 16, 2015 at La Lake Retreat Center in Woodbury.

At the April Training, there were 7 participants, 2 trainers (Kay Longtin and Gary Schurrer), and three board members attending the training. All participants completed the training evaluation, which results in a 100% response rate.

At the May Training, there were 6 participants, 2 trainers (Kay Longtin and Gary Schurrer), and four board

* members attending the training. All participants completed the training evaluation, which results in a 100% response rate.

Eleven (85%) participants evaluated the training as "5 out of 5" and the other two evaluated the training as "4

* out of 5," resulting in an overall average score of 4.8. All participants at the April training rated the training a "5

out of 5."

One (9%) participant indicated the length of the training was too long, with 11 remaining participants stating the
 training length was just right (91%). Two participants commented on the length of the training stating:

"Just right though I feel like a continuing learner in my first experiences of community circles"
"Not sure - I feel like I'd need more to begin. A lot to take in though."

* Participants were asked to state the most valuable aspects of the training. They stated:

Role Playing Being put in someone elses position

Meeting other circle members Learning new things

Changing positions Learning about the process & effectiveness

Talking circles and role playing, but with open questions experiencing the go-arounds where we learned more

and discussion following about each other

Learning from each other's questions Listening

Overall understanding on the flow (process) of the circle Connecting with other interested community members

Meeting new people you may have otherwise not met in Learning basics/elements of the Circle

life (consensus/equality etc) and values

Experiential learning Listening - through use of speaking piece

Watching the keepers and how they steer the

Role playing and open-ended discussion/questions

conversation were more valuable because everyone had great input

and valuable thoughts to offer

Meeting the other participants

New information gained on the process

Talking about values and why it works a certain way

Values focus

Role playing as the person being asked questions Understanding how to challenge clients appropriately

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* Participants were asked to state the <u>least valuable</u> aspects of the training. They stated:

Cannot think of any least valuable aspects. All of the training was valuable

Can't think of any part that should have been omitted, frankly

Everything was valuable

I thought it was all good and needed

N/A

not having enough time to connect with others OUTSIDE of circle process

Not sure about the role-plays - I see the need for it but there's something that feels for me like I want to disconnect from some of that. Or just tired

Nothing I can think of

over-explanation of process

Not having enough initial foundation of circle process before the experiential piece

Participants indicated their level of agreement with seven different statements. All statements, except one, had * 100% agreement (either agree or strongly agree). Mean scores for each statement (1 = Strongly Disagree, 5 = Strongly Agree) are included below:

	April Mean Scores	May Mean Scores
I have a good understanding of the Circle process.	4.4	4.3
I plan to use what I've learned in the training.	4.9	4.7
The training will make me a better volunteer.	5.0	4.8
I would recommend this training to others.	5.0	4.7
I want to volunteer with Circle because of this training.	5.0	4.5
The trainers (Kay and Gary) were knowledgeable.	5.0	5.0
The trainers (Kay and Gary) were effective trainers.	5.0	5.0

* Participants were also invited to include other comments for WCCC and the trainers, which are included below:

Thank you for the hospitality. Great food!

I am very pleased to have had this experience and I look forward to be further involved in Community Circles.

I would like to see circles used in other situations & intend to bring more awareness of them.

I think Circle is a very powerful option and am honored to be part of the process

Helpful to take the training after already participating in circle.

Great experience